

PLEASANT VALLEY POOL RENOVATION

Pleasant Valley Pool will close on January 1, 2007. Our renovation will include a few key additions that will make your swimming experience more enjoyable. We will install a new concrete pool deck, new pool plaster, replace many under pool pipes, new underwater lights, removable starting blocks, a new lobby counter, tile and more.

We will also bring you two additional play features. The outside patio will be transformed into a water play area featuring a variety of spray jets and a colorful rubberized pad for safety. Parents and children can spend their time outside relaxing in the sun or playing in the water spray

area. A new waterslide will add additional fun to the entire facility. Children (and parents too) can enjoy sliding through two loops of a fully enclosed flume and dropping into 12 feet of water!

We plan to open in the spring with a HUGE grand opening party! Everyone is welcome! Check our website at www.pvrpd.org for updates and pictures.



Creating Community Through People, Parks, and Programs

CPR AND FIRST AID CLASSES

COMMUNITY CPR

Upon completion of this eight-hour course that includes an exam and skill demonstration, you will be certified in **American Red Cross Community CPR** only. You will receive a certification for Adult, Infant and Child CPR. This is a two day class.

A \$15 materials fee is due to the instructor on the first day of class. Each student must purchase the following from the American Red Cross *prior* to the first day of class:

- First Aid/CPR/AED Program Participant's Booklet (stock # 656690)
- Adult CPR/AED skill card (stock # 656691)
- Infant/Child skill card (stock # 656695)

Refunds requested with less than 24-hour notice will be charged the \$15 materials fee plus the \$5 administration fee.

Days: Tuesday & Thursday **Instructor:** Jeanette Laster
Class # **Age** **Times** **Dates** **Fee** **Location**
 4521.000 13+ 5:30-9:30pm 1/9 & 1/11 \$37 Room 7

CPR FOR THE PROFESSIONAL RESCUER

Certification includes Adult, Child and Infant CPR for the Professional Rescuer. This is a more advanced CPR Class. If you are already certified as a lifeguard, and need to renew your CPR certification, this is the class for you! This is a two-day class.

You must purchase the CPR/AED for the Professional Rescuer Student Manual (stock # 652162) *prior* to the first day of class.

A \$15.00 materials fee is due to the instructor on the first day of class. All Students must purchase the textbook "Community First Aid and Safety" from the American Red Cross *prior* to the first day of class.

Days: Tuesday & Thursday **Instructor:** Jeanette Laster
Class # **Age** **Times** **Dates** **Fee** **Location**
 4521.001 13+ 5:30-9:30pm 2/13 & 2/15 \$57 Room 1

BASIC FIRST AID

Upon completion of this four-hour course that includes an exam and skill demonstration, you will be certified in **American Red Cross Basic First Aid**. You must purchase the First Aid/CPR/AED Participant's Booklet (stock # 656690) and a bandage pack (training kit) from the Red Cross *prior* to the first day of class. This is a one day class.



A \$5 materials fee is due to the instructor on the first day of class. Refunds requested with

less than 24-hour notice will be charged the \$5 materials fee plus the \$5 administration fee.

Day: Saturday **Instructor:** Jeanette Laster
Class # **Age** **Times** **Date** **Fee** **Location**
 4561.000 13+ 8:30am-12:30pm 3/17 \$29 Room 3

COMMUNITY FIRST AID AND SAFETY CLASSES

Do you know what to do in an emergency: who to call, what to do to keep someone alive, how to reduce pain level and aid in sudden illness? Become knowledgeable in the skills necessary to act in the event of an emergency. Learn about preventing injury and illness and activating the Emergency Response System. The skills you attain through this three day class will assist you in responding to an emergency situation. Upon successful completion of the course, exam, and skill demonstration you will receive the following certifications:

- Community First Aid
- Adult, Infant, and Child CPR

A \$20 materials fee is due to the instructor on the first day of class. Each student must purchase the following from the American Red Cross *prior* to the first day of class.

- First Aid/CPR AED Program Participant's Booklet (stock # 656690)
- Adult CPR/AED skill card (stock # 656691)
- Infant/Child skill card (stock # 656695)
- First Aid skill card (stock # 656692)
- Bandage Pack (training kit)

Days: Tuesday, Thursday, Saturday **Instructor:** Jeanette Laster
Class # **Age** **Times** **Dates** **Fee** **Location**
 4521.002 13+ 5:30-9:30pm 3/13 & 3/15 \$47 Room 7
 8:30am-12:30pm 3/17 Room 3

BASIC CPR

This class teaches adult, child and infant CPR and choking techniques using lecture, video, and manikins for demonstration. Students will do return demonstration on the manikins to receive a card certifying them with the **American Heart Association**. A \$10 material fee is due to the instructor at class for CPR book. This class is for daycare providers, teachers, foster parents, and the general public. It is not credited for Healthcare providers. **Instructors:** John Camarena. **Location:** Session 1-Room 3; Session 2-Room 6.

Day: Saturday
Class # **Age** **Time** **Date** **Fee**
 8771.001 11+ 8:00am-12:00pm 1/13 \$37
 8771.002 11+ 8:00am-12:00pm 3/10 \$37

FIRST AID BASICS

This class teaches basic first aid skills including controlling bleeding, recognizing shock, caring for burns, applying splints and dealing with sudden illness. Class will be taught using lecture, video and hands on practice. Students will receive a certification for basic first aid. A \$10 materials fee will be due to the instructor at the class for the First Aid book. This class is for daycare providers, teachers, foster parents, and the general public. It is not credited for Healthcare providers. This is an American Heart Association Certification. **Instructors:** John Camarena. **Location:** Session 1-Room 3; Session 2-Room 6.

Day: Saturday
Class # **Age** **Time** **Date** **Fee**
 8771.003 11+ 1:00-4:00pm 1/13 \$32
 8771.004 11+ 1:00-4:00pm 3/10 \$32