

# SENIOR PROGRAMS

**CAMARILLO SENIOR CENTER • 1605 E. Burnley St. • 482-4881**

**HOURS OF OPERATION • Monday - Friday 9:00am - 4:00pm • Third Saturday of the month: 9:00am - 1:00pm**

*(LOCATED ON THE CORNER OF CARMEN DR. & BURNLEY ST.)*

## Art Class

9:00 am each Tuesday

## Band Practice

1:00 pm each Tuesday

## Bingo

Mondays at 6:00 pm  
Wednesdays & Fridays at noon

## Braille

10:00 am-2:00 pm, each Thursday

## Braille Low-Vision Consultant

10:00 am-1:20 pm 3rd Thursday

## Bridge Games

Duplicate, 12:00 pm-Tuesdays  
Bridge, 1:00 pm-Wednesdays

## Computer Information Class

9:00 am on Mondays  
Call 482-4881 for information

## Diabetes Clinic

2:30 pm, 1st Wednesday of each month.

## Exercise

8:00-9:00 am Monday through Friday

## Grey Law

4th Monday of each month.  
For an appointment, call 658-2266  
9:00 am-4:30 pm, Mon. - Fri.

## Health Insurance Counseling (HI-CAP)

9 am - noon 1st and 3rd Tuesday of each month. Call 482-4881 for an appointment.  
(Claims assistance for Medicare and all supplemental insurances)

## TAX ASSISTANCE

Each Monday, February 5-April 9  
9:00 am-12:00 pm

## Investment Club

1:00 pm, 3rd Saturday of each month.

## Poker Group

9:00 am each Friday, 10:30 am on each Monday and Noon on Tues. & Thurs.

## P.A.C.E.

9:30 am each Tuesday

## Senior Guitar

Last Wednesday of month, 6:30 pm

## Table Tennis

Freedom Gym at Camarillo Airport  
1:00 pm Monday, Wednesday & Friday

## TUGS (GRANDPARENTS UNITED TOGETHER)

A grandparents raising grandchildren support group  
7:00 pm, 3<sup>rd</sup> Wednesday of Month  
Call Carol at 378-1400 ext. 1891 for information.

## Yoga

9:00 am each Wednesday & Friday

## 55 Alive

Mature Driving Class, Monthly -  
call 482-4881 for class schedule & reservations

## VALENTINE'S DANCE FOR SENIORS

Tuesday, February 13 • 1:00-3:00pm

Music by "Seniors of Note"

Community Center Auditorium

1605 E. Burnley St.

Call 482-4881 For Information



## DROP-IN ACTIVITIES

Billards-Cards-Cable-Television-Library  
Coffee or Tea is available for a small donation

Senior Center is closed  
January 1, 15 & February 19